PATIENT SYMPTOM SURVEY

DATE				
PATIENT'S NAI	ME		AGE	
WEIGHT	HEIGHT I	BLOOD PRESSURE	PULSE	02
condition applies to	o you or do not understand a	a term, do not check the box.	Use common sense.	n. Take your time. If you are not sure the For example, Insomnia once last month notable and would be marked. Please take
		Primary Con	nplaints	
766 Abdo	minal Pain R10.9	-	as/Bloating R14.0	002 Acne L70.8
	ADHD F90.1/F90.9	_	pecified) J30.9	007 Allergic Rhinitis from food J30.5
144 ALS (G12.2	(Lou Gehrig's Disease) 21	009 Alzheimer's G	30.9	768 Amenorrhea M91.2
012 Anem	nia D64.9	027 Anxiety Disord	der F41.9	028 Autism F84.0
013 Arthri	tic Disorder M12.9	015 Asthma J45.9	09	765 Bladder Disorder N32.9
181 Brain	Aneurysm I61.9	025 Brain Tumor,	malignant C71.9	018 Breast Cancer (female) C50.919
094 D Breas	st Cancer (male) C50.929	017 Cancer		080 Canker Sores K12.0
053 Catar	acts H26.9	763 Cervical Cand	er C53.9	035 Chronic Fatigue R53.82
036 Circul	latory Disorder I99.9	021 Colon/Rectal	Cancer C18.9	043 Constipation K59.00
088 Crohr	n's disease K50.90	092 Currently Pre	gnant Z33.1	046 Depression F32.9
_	es Nutritional and polic Analysis	047 Diabetes Mell	itus E11.9	049 Dizziness/Balance problems R42
050 C Ear Ir	nfection H65.90	034 C Eczema L25.9	9	033
016 C Emph	nysema J43.9	051 C Epstein Barr E	327.90	052 Eye Problems H57.13
056 C Fever	r R50.9	057 C Fibromyalgia	M79.7	058 Gallbladder Disorder K82.9
090 C Gene	ral Good Health	086 GERD K21.9		054
171 C Goite	r E04.9	059 C Gout M10.9		060 Headaches R51
_	ng Loss H91.90	037 C Heart Disease	∍ I51.9	179 Hemochromatosis E83.119
	titis K71.6	066 C Hepatitis B B1		067 Hepatitis C B17.10
087 C HIV Ir	nfection B20	076 Hot flashes N	95.1	038 Hypercholesterolemia (High Cholesterol) E78.0
sugar	rglycemia (high blood r) R73.09	720 Hypertension Pressure) I10	. •	069 Hyperthyroid E05.90
	cholesterolemia (Low esterol) E78.6	048 Hypoglycemia sugar) E16.2	(low blood	721 Hypotension (Low Blood Pressure) l95.9
	thyroid E03.9	044 Indigestion K3		072 Infertility, Female N97.9
	ility, male N46.9	078 Insomnia G47		073 Interstitial Cystitis N30.11
074	ular Menstrual Cycle S	089 Irritable Bowe	I Syndrome K58.9	068 Kidney Disorder N28.9
023 C Leuke C95.9	emia w/o remission 90	095	remission C95.91	064 Liver Disease K76.9
040 C Low b	plood pressure 195.9	020 C Lung Cancer	C34.90	071 C Lupus, systemic M32.10
142 D Lupus	s, non-systemic L93.0	024 C Lymphoma, m	nalignant C85.89	055 Macular Degeneration H35.3
722 Malai	se	075 Menopausal S	Symptoms N95.1	723 Menorrhagia
077 Menta	al Disorder F99	140 Migraines G4	3.909	724 Motion Sickness
079 Mouth	h/Throat/Tongue	143 Multiple Scler	osis G35	725 Myalgia
726 Myop	ia	727 (Nasal Polyp		728 Nephritis
729 (Neph	rolithiasis (Kidney Stones)	764 Nosebleed		042 Numbness/Paresthesia R20.
	ity E66.9	730 Orgasm, poor	/infrequent	731 Osteoarthritis
_	oporosis M81.0	026 Other Cancer	S	081 Overweight E66.3
732 🔲 Pain i	in Limbs	733 D Painful Urinat	ion	011 Parkinson's Disease G20

145 Polymyalgia Rheumatica M35.3

010 Poor Concentration/Memory F07.8	771 Post stroke/brain aneurysm	613 Premenstrual Syndrome
734 Presbyopia 063 Prostate Disorder N42.9	019 Prostate Cancer C61 003 Psoriasis L40.8	735 Prostate Cancer - screening 178 Raynaud's syndrome I73.00
736 Rheumatism	141 Rheumatoid Arthritis M06.9	737 Salivary Secretions
146 Scleroderma M34.9	738 Scoliosis	083 Sexual Disorder F66
739 Shortness of Breath 022 Skin Cancer C44.90	093 Shingles B02.9 001 Skin Disorder L25.9	008 Sinusitis J01.90 94 Skin Rash
096 Sneezing	740 Sore Throat	084 Spinal Problems M53.9
463 Stammering/Stuttering	741 Stress Incontinence, female	742 Stress Incontinence, male
097 Swollen Joints	743 Syncope	041 Tachycardia (High Heart Rate) R00.0
744 Tender Breasts	180 Thalassemia D56.8	745 Thoracicalgia
746 Toothache	747 Tympanic Membrane (Ear Ache)	030 Type 1 Diabetes E10.9
031 Type 2 Diabetes E11.65	045 Ulcerative Colitis K51.90	082 Underweight R63.6
748 Urethra Discharge	749 Urinary Frequency	004 Urticaria (Hives) L50.9
750 Vaginal Discharge 752 Vertigo	751 Vaginal Yeast Infection 753 Viral Warts	767 Variscosities 099 Wheezing
<u> </u>		Whoezing
If necessary, please state your mo	ost significant concern	
	General Health	
202 🗀 2		100 💭 D. I
226 Breast Cancer - Screening 100 Base of fingernails are pink	138 Anti Rejection Drugs 101 Base of fingernails are purple	108 Balance Problems 107 Blacks out easily
111 Brittle hair	219 Breast Cancer - History	117 Currently on Chemotherapy
118 Currently on Radiation	109 Difficulty walking	115 Drinks alcoholic beverage(s)
treatments	_	every day
116 Drinks less than 8 glasses of water per day	112 Dry hair	755 Energy level is better than it was 5 years ago
756 Energy level is the same as it was 5 years ago	125 Energy level is worse than it was 5 years ago	102 Fingernails have ridges or white spots
103 Fingernails are soft	104 Fingernails are splitting	105 Fingernails peel
121 Gained over 20 lbs within in the last 12 months	114 Hair loss	119 Has had Chemotherapy in the past
758 Has had Chemotherapy within the last 3 months	120 Has had Radiation treatments in the past	132 Had a major accident or injury
130 Had Blood Transfusion in the Past	131 Had Transplant in the Past	110 Has tattoos
769 Is overweight	754 Is underweight	124 Lost over 20 lbs within the last 4 months
106 Pale fingernail beds	757 Pink fingernail beds	126 Rarely exercises
129 Sensitive to chemicals, paint, exhaust fumes, cologne	127 Sleeps less than 6 hours per night	122 Somewhat Overweight
123 Somewhat Underweight	113 Thin hair	128 Unable to recall dreams the next day
187 Family history of Alcoholism	184 Family history of Cancer	188 Family history of Depression
186 Family history of Diabetes	185 Family history of Heart Disease	189 Family history of Obesity
149 Had Chemotherapy in the last	176 Had childhood vaccinations	148 Had Radiation therapy in the

177 Has been vaccinated in the last 12 months

175 Has been out of the country recently

147 Has had a flu shot in the last

year

within the last 2 years	in the last year	13/ Sleep Apnea		
139 Toxic Chemical Exposure	,			
	Allevaice			
	Allergies			
206 Dairy 209 Gluten	207 Eggs 210 Mold	208 Garlic 211 Peanut		
212 Ragweed	213 Shellfish	214 Soy		
215 Sulfa Drugs	216 Tree Nuts	217 Wheat		
218 Other allergies				
	Behavior Patterns			
450	_	450 O 5 1 5		
150 Afraid to eat anywhere except home	151 Always needs someone to advise	170 Brain Fog		
152 Cries often	153 Difficulty concentrating	154 Difficulty falling asleep		
155 Difficulty staying asleep 158 Frequently becomes scared for	156 Easily angered 159 Frequently miserable or blue	157 Feelings are easily hurt 160 Has to be on guard even with		
no reason	139 Prequently miserable of blue	friends		
161 Often annoyed by people	165 Poor memory	162 Recurrent bad dreams		
166 Scared to be alone	163 Sometimes wishes to be dead	167 Strange people or places		
168 Under considerable emotional	or away from it all 169 Unhappy when others are	cause fear 164 Upset by criticism		
stress	happy	104 Opset by chicism		
	Candianaaanlan			
	_ Cardiovascular	_		
197 At Times Low Blood Pressure	190 Cold feet	191 Cold hands		
192 Experiences shortness of breath while sitting still	199 Frequent swollen ankles	193 Heart skips beats		
205 Heart palpitations	039 High blood pressure	195 Leg cramps during bedtime		
196 Leg cramps during daytime	198 Pain in leg/hips when walking	200 Pains in the heart or chest		
201 Spells of rapid heart rate	194 Tendency of High Blood	202 Troubled with blood clots		
203 Unusually slow heart rate	Pressure 204 Varicose veins			
(Bradycardia)	204 Wallcose veills			
en de la companya de				
	Ears			
220 Discharge from ears 223 Recurrent ear infections	221 Hard of hearing 224 Ringing or noises in the ears	222 Punctured ear drum 225 Tinnitus		
223 Recurrent ear injections	224 Ringing or noises in the ears	225 Tillillius		
Endocrine				
245 Coarse hair	246 Coarse skin	247 Diabetic		
248 Excessive thirst	249 Frequently feels cold	250 Frequently feels hot		
251 Gets lightheaded when standing quickly	252 Heals slowly	255 Swollen Lymph glands		
253 Unusually jumpy or nervous	254 Unusually tired most of the time			
Eyes				
320 Bloodshot eyes	321 Blurred Vision	322 Cross eyes		
332 Dry Eyes	323 Eye pain	324 Eyes feel gritty		
325 Eyes water	327 Far sighted	759 Has or has had cataracts		
330 Itchy eyes	328 Mild Cataracts	326 Mild Glaucoma		
329 Mild Macular Degeneration	331 Near sighted			

Feet

350 Corns 352 Heel spurs 354 Plantar warts	351 Frequent foot cramps 353 Painful feet 355 Swelling in the feet and/or ankles	357 Fungal Infection 356 Plantar Fascitis		
	Gastrointestinal			
266 3 or less bowel movements per	265 4-5 bowel movements per	267 6 or more bowel movements		
week 277 Abdominal gas	week 278 Belching and burping after eating	per week 268 Black tarry stools		
279 Bloated after eating	270 Bloody Stools	287 Difficulty swallowing		
300 Diverticulitis	301 Diverticulosis	288 Eating relieves fatigue		
289 Eats when nervous	290 Excessive hunger	292 Experiences fainting spells when hungry		
293 Feels shaky when hungry	274 Frequent diarrhea	275 Frequent nausea		
276 Frequent vomitting	294 Frequently drowsy after eating a meal	295 Gall bladder disease		
302 Greasy foods cause indigestion	760 Has constipation	296 Has had intestinal worms		
272 Hemorrhoids (piles)	284 Immediate indigestion upon eating	285 Indigestion in 2 hours or more after meals		
286 Indigestion within 1 hour after meals	299 Irritable Bowel	298 Liver disease		
273 Loose bowel movements	269 Pale or yellow colored stool	291 Poor appetite		
297 Reflux/Hiatal Hernia	280 Severe abdominal pains	281 Stomach ulcers		
271 Tends to constipation	282 Uses digestive aids	283 Uses laxatives		
	Lifestyle Habits			
389 Anorexia R63.0	390 Dulemia	391 Craves Sugars/starches		
382 Currently smokes	370 Drinks alcohol	371 Drinks caffeinated coffee		
372 Drinks caffeinated pop/soda	373 Drinks caffeinated tea	375 Drinks Decaffeinate Pop/Soda		
392 Drinks coffee	374 Drinks decaffeinated coffee	376 Drinks decaffeinated tea		
388 Drinks diet pop/soda	377 Drinks more than 3 cups of coffee per day	378 Drinks more than 3 cups of tea per day		
379 Drinks 1 or more pop/sodas per day	380 Drinks beverages from a can	393 Drinks tea		
136 Eats no meat, no dairy	135 Eats no red meat	387 Frequent use of Artificial Sweeteners		
174 Had 4 alcoholic drinks in one day less than 3 months ago	173 Had 4 alcoholic drinks in one day more than 3 months ago	381 Has more than 5 alcoholic drinks per week		
172 Never had 4 alcoholic drinks in one day	383 Quit smoking in the last 5 years	133 Regularly exercises		
384 Smoked for more than 5 years	385 Smokes more than 1 pack per day	386 Takes vitamins		
134 Vegetarian	340 Home has well water	341 Home has city water		
342 Home water is filtered	343 Home pipes are steel	344 Home pipes are PVC		
345 Home pipes are copper	346 Home pipes are PEX	347 Home built prior to 1978		
348 Home renovations within the last year	349 Uses chlorine bleach or other heavy duty chemicals	360 Has worked in plumbing, automotive or metallurgic industry		
361 Has worked around industrial solvents, chemicals or pesticides				
Mouth and Throat				
418 Amalgam dental fillings	400 Bad breath	401 Bitter taste in the mouth in the morning		

772 Dental Fillings (gold, composite	402 Dry mouth	403 Excessive saliva		
etc.) 406 Frequent canker sores	407 Frequent fever blisters	408 Frequent sore throats		
409 Frequently has a sore tongue	405 Glands often swell	416 Gums bleed when brushing teeth		
419 Have had root canals	420 Other dental fillings	410 Sore gums		
404 Sores or cracks in the corners	411 Swollen gums	412 Swollen tongue		
of the mouth		_		
413 Tongue burns	414 Tongue has grooves or fissures	415 Tongue is coated		
417 Toothaches				
	Neuromuscular			
440 () Bites nails	445 Frequent headaches	441 Frequent muscle soreness		
447 Frequently feels faint	448 Has Epilepsy	449 Has Motion Sickness		
450 Has Osteoarthritis	451 Has Rheumatism	453 Joint stiffness in the morning		
455 Leg pain at rest	457 Low back pain	442 Muscle spasms		
443 Muscle weakness	458 Neck pain	464 Nerve Pain		
461 Numbness/tingling in the body	446 Often dizzy	459 Pain between the shoulders		
452 Rheumatoid Arthritis	460 Shoulder/arm pain	462 Sleep walks		
456 Spinal curvature	761 Stutters or stammers	454 Swollen joints		
444 () Tremors/Shakes	701 Statters of statiliners	434 Swoller Joints		
114 Millions/Charles				
	Respiratory			
485 Catches severe colds	486 Chronic chest condition	487 Chronic cough		
488 Constant runny nose	489 COPD	490 Difficulty breathing		
491 Frequent colds	492 Frequent nose bleeds	493 Frequent sinus infections		
494 Frequent stuffy nose	503 Has asthma	495 May fever		
496 Nasal polyps	498 Post nasal drip	499 Sneezing spells		
500 Spits up blood	501 Spits up phlegm	502 Wheezes		
	Women Only			
497 Night sweats	612 Abnormal cycle >29 days	642 Abortion		
107 Might sweats	and/or <26 days	042 Mortion		
616 Acne worse at menstruation	634 Bloody spotting discharge	641 Breast Augmentation		
647 Breast Fibroids	707 Breast Implants	640 Breast Reduction		
648 Currently breastfeeding	620 Currently taking birth control	611 Cycles are every 27-29 days		
, , , , , , , , , , , , , , , , , , ,	medication			
643 D & C	627 Diminished sexual desire	639 Endometriosis		
617 Excessive menstrual flow	636 External genital sores	623 Has had miscarriage		
621 Has taken birth control	622 Has taken birth control	610 Heavy hair growth on face or		
medication for more than one year	medication within the last year	body		
637 Herpes infection	632 Hysterectomy	630 Lumps in the breasts		
609 Mastitis	614 Menstrual cramps	624 Mild to Moderate Hot Flashes		
646 Ovarian Fibroids	628 Painful intercourse	615 Painful periods		
629 Poor or infrequent orgasm	619 Pre-menstrual depression	618 Retains fluid during periods		
638 Sexual diseases	625 Takes hormone replacement	631 Tender breasts		
_	medication	_		
644 Tubal Pregnancy	645 Uterine Fibroids	633 Vaginal discharge		
762 Vagina dryness	635 Yeast infections			
Skin				
534 Dry Skin	520 Bruises easily	521 Excessive perspiration		
<u> </u>	523 Has Acne	JZ1 Excessive perspiration		
522 Frequent goose bumps	523 Mas Aulie			

in size and/or color	524 Has Psoriasis	525 Hives		
526 Itchy skin	527 Problems with Eczema	529 Skin eruptions		
530 Skin is rough, especially on the back of the arms	531 Skin is tender	532 Sores that heal slowly		
533 Troubled with boils				
	Urinary			
555 Urinates more than 2 times per night	556 Bed wetting	557 Blood in the urine		
558 Difficulty starting urination	564 Frequent bladder infections	565 Frequent kidney infections		
560 Frequent urination	562 Incontinence when sneezing or laughing	566 Kidney stones		
563 Loses bladder control	559 Painful urination	561 Troubled by urgent urination		
	Men Only			
585 Difficulty completing intercourse	586 Difficulty getting or keeping an erection	587 Discharge from the urethra		
588 Had a vasectomy	589 Had difficulty fathering children	594 Herpes		
584 Inflammation of Testis	596 Low sex drive	590 Lumps in the testicles		
591 Painful genitals 593 Sores on external genitalia	592 Prostate troubles	595 Sexual Diseases		
Surgeries				
701 Annondiv removed	_	700		
701 Appendix removed 716 Cataract Surgery	718 Bariatric/Weight loss surgery 709 Coronary Bypass	708 Cancer surgery 711 Extremity Surgery		
702 Gallbladder removed	717 Hemorrhoid Surgery	712 Hip Replacement		
704 Hysterectomy, complete	705 Hysterectomy, partial	713 Knee Replacement		
715 Radiated Thyroid	710 Spinal Surgery	714 Spleen Removed (Splenectomy)		
703 Thyroid removed	700 Tonsils and/or Adenoids removed	706 Tubal Ligation (fallopian tubes tied)		

Medications

<u>DRUG</u>	PRESCRIBED FOR:	<u>HOW LONG</u>	
Please list all drugs antibiotics, aspirin,	s taken within the last year and/or	you take as needed including over the	e counter drugs,
DRUG	PRESCRIBED FOR:	HOW LONG	
			
	Supp	lements	
Please list all vitam <u>VITAMIN</u>	ins/herbs/supplements you are c BRAND		
	· 		
· <u> </u>			